

Worry!

How big a part of our lives do we waste worrying about what might or might not happen? In this day in age we have an abundance of information thrown at us. When I have a product I want to learn more about, I will use 'google' to learn more about it. Then what happens? For days on end I receive an abundance of info about the subject or other things related to it.

We are overloaded with world news and, depending on the source, the information can vary greatly. It's amazing to watch some newscasters as they try to out shout each other with their opinions. Depending on the network you watch, the state of our country can vary tremendously.

I love our Sunday worship services. They are vital to how we meet each circumstance throughout the week. Receiving a message that reminds us of who really is in control and who is watching over us is exactly what we need.

Music has always been an important part of my life and on Easter Sunday morning when an overflow crowd of worshipers sang How Great Thou Art, it was difficult to keep from shedding tears.

Let's remember, no matter what our fears are, what our situation is at the moment, or what we might face in the future, God is greater! Is anything too hard for God? Jeremiah 33:3. As Christians, we have the assurance that some things will never change. Hebrews 13:8 tells us that Jesus Christ is the same, yesterday, today and forever.

We have assurance that God hears and answers our prayers. Ephesians 3:14-20 beautifully tells us about the One who created us and loves us more than we can ever imagine. The world around us can seem to be in chaos but we have a blessed assurance that not even two sparrows that are sold for a penny, fall to the ground apart from the will of our Father. What blessed assurance.

Guest Writer: Verna Hackert

Winning over Worry Topical Bible Reading Challenge

rachelwojo.com

- 1. Psalm 127:1-5
- 2. Isaiah 35:1-10
- 3. Jeremiah 17:5-10
- 4. Matthew 6:22-34
- 5. Luke 12:22-31
- 6. Philippians 4:1-7
- 7. 1 Peter 5:1-7
- 8. Hebrews 13:1-7
- 9. Psalm 121:1-8
- 10. 1 Corinthians 10:9-13
- 11. Colossians 3:12-17
- 12. Psalm 55:9-19
- 13. Romans 8:28-39
- 14. Psalm 17:1-8
- 15. 2 Timothy 1:1-7

- 16. Psalm 16:1-8
- 17. Psalm 91:1-10
- 18. Psalm 91:11-16
- 19. Psalm 112:1-10
- 20. Psalm 56:1-13
- 21. Galatians 1:1-10
- 22. Hebrews 6:10-20
- 23. Romans 8:1-6
- 24. Psalm 73:21-28
- 25. Psalm 18:1-13
- 26. Psalm 18:14-29
- 27. Psalm 18:30-39
- 28. Psalm 18:40-50
- 29. Psalm 25:1-10
- 30. Psalm 25:11-22
- 31. Psalm 19:1-14



Youth & Ed Director— Jeff Knouse

Office Hours: Tuesday—Friday &

Sunday's

Email: jkfrcsully@gmail.com phone: 641-594-2935 ext. 3 Facebook page: www.facebook.com/

sullyfrcyouth/

Congratulations to Jeff & Alison on the healthy birth of their son, Samuel Robert! His older brother is so excited to have a playmate! Everyone is adjusting to being a family of 4 just great!



A PRAYER FOR OUR STUDENTS

DEAR GOD,
THANK YOU FOR THE GIFT OF
EDU(ATION IN EVERY FORM.
AS OUR (HILDREN PREPARE TO START A NEW YEAR
MAY (ONFIDENCE BE THEIR FOUNDATION,
MAY GRACE BE THEIR GUIDE AND
MAY HOPE BE THEIR (OMPASS TOWARD A BRIGHT FUTURE.
I PRAY THEY WOULD HAVE EYES TO SEE
THE NEEDS OF THOSE AROUND THEM
AND A HEART TO LOVE WELL.
MAY THEY FACE EACH DAY WITH POSITIVITY
KNOWING THAT NO MATTER
WHAT (OMES THEIR WAY,
THEY DO NOT HAVE TO FACE IT ALONE.

AMEN

The Summer is just flying by! By the time you read this we will have just returned from Power Connection 2022 (probably tired and in need of a long nap).



Before we know it, the school year will be here, and all our education programs will be up-and-running. Our programs kick off on the 28th of August, which will be our first day of Sunday School. Our other programs (STARS, youth groups, Wednesday night classes, etc.) will follow shortly after.

As a youth director, I know fully that our programs themselves do not have the power to change the lives of the young people in our care. It is the Holy Spirit working through these programs that catalyzes change in a young person's heart, which is why I encourage everyone to make prayer for our young people a priority. And that is something that you, too, can help with!

So here a just a few ways/ideas for how to pray for our upcoming education year:

- 1. Ask the church office for a list of names of our students and pray for each of them by name.
- 2. Pray at 5:00 pm & 6:30 pm on Sunday nights for our students in youth groups.
- 3. Pray for our STARS program and volunteers; pray that God would use that program to bless students who may not know Jesus or be part of a church.
- 4. Make a weekly prayer schedule to cover all of our programs that minister to children & students.
 - Nursery
 - Children's Sermons
 - Children in Worship
 - Sunday School
 - STARS After School Program
 - Wednesday Night Classes
 - Youth Groups

These are just a few ways that you can partner with us to teach our students the Gospel of Jesus and help them to love Him with their whole lives. I am excited to see what God is going to do this school year in the lives of our young people!

KICK OFF IS Sunday, September 11, 2022 at 6:00 pm Watch for more details!

IMPACT—6th—8th grade Faithwalkers—9th—12th grade

Prayer Breakfast
Free Jesus, and donuts.

THIS STARTS FRIDAY, AUGUST 26. Every Friday morning at 7:30 am all 6th—12th grade are invited to come for donuts, chocolate milk, orange juice and prayer. Invite your friends! It's a great way to end the school week!

STARS Afterschool

Our STARS Wednesday After School Program will begin a new year on Wednesday, September 7, 2022. We are anxiously waiting for our church to be filled with a large group of excited, energetic kids ready to learn about God and His world. If you were a volunteer this past year, I will be contacting you soon to see if you are willing to help again. We think it is awesome to have members of our church and community come to STARS and lead a learning activity.

If you have a hobby, collection, or job that you can teach the kids about, or if you can lead them in making a craft, we would love to have you come to STARS to share with the kids. Maybe you are thinking to yourself, "I have already done that back when Eloise led STARS in the past." Guess what! All of those kids have "graduated" from STARS by now, so we have a whole new group of kids to teach, so come again and do the same presentation!

Please call or email me to volunteer your time or talents. As any good advertisement says, "Spots are filling up fast, so don't delay!"

Eloise Vos

STARS Coordinator

cell phone: 641-521-5861 email: mevos@netins.net

STARS Wednesday After School Program

at Sully First Reformed Church begins September 7, 2022 from 3:30—5:30 PM

for Kindergarten through 5th grade
All welcome, do not need to be members of the church.

Kids are walked by adult volunteers from Lynnville-Sully School to the church

Bible Study, Learning Activities, Crafts, Music, Snack

NO COST!

To sign up by August 31, contact STARS Coordinator:
Eloise Vos at: mevos@netins.net or 641-521-5861 or online at sullyfrc.org





So much fun at Monumental Vacation Bible School this year! Over \$16,000 was raised which will go towards purchasing 2 grain bin homes in Haiti! Great job kids!







SUNDAY SCHOOL Rickoff

Sunday, August 28



Smoked pork sandwiches green beans chips cookie drink table service provided Games for all ages

after lunch!

BACK TO SCHOOL

Getting To Know You



BRANDON & ANDREA VOS

Birthdays: Brandon— 1/13/1983

Andrea— 5/17/1984 Rory— 3/25/2016 Harlow— 4/16/2018 Maren— 11/16/2021

Anniversary: 9/17/2011

Brandon & Andrea met through mutual friends Jason & Jennifer (Zylstra) Lowry. The Lowry's had been trying to set them up for years, but it never seemed to work out. Finally in the summer of 2007, the four of them made dinner plans at Claxons BBQ in Altoona (Brandon ordered fish; why would you do that at a BBQ place??) and then went to watch horse racing at Prairie Meadows. As the old saying goes, the rest is history!! They currently live in Springville, lowa which is almost two hours away from Sully.

Brandon grew up just one block south of the church in Sully, graduating from Lynnville Sully High school in 2001 and continuing his education at Central College in Pella. Early during his Jr. year in high school, Brandon chipped a tooth during a basketball game which led to an appointment with his dentist, thus sparking his interest in dentistry. He graduated with his DDS in 2009, and completed his graduate work in Endodontics in 2011. Just a mere 23 years worth of school-

ing!! His parents are Loren & Tammy Vos and he has a brother Jordan (Miranda) Vos of Sully.

Andrea attended Pella Christian grade school and high school graduating in 2002. She began her college career at Dordt College, majoring in Business. After 2 years at Dordt, she transferred to Iowa State, graduating with a B. S. Degree in Business Management in 2006. Mary & Robert (deceased) Vander Wilt are her parents and her siblings are Dean (Carol) Vander Wilt of Pella and Mike Vander Wilt also of Pella.

Along with Brandon and Andrea, the Vos family also includes children, Rory (6) who loves Legos, the Ghost-busters and is an all around funny kid; Harlow (4) who is a budding artist, is Minnie Mouse's biggest fan; enjoys Bluey and is always full of love, sass and a song; and Maren, (8 months) she's a happy, smiley, drooley and loveable baby! They enjoy QUIET dinner dates, traveling, both as a couple as well as with the family. Brandon likes to golf and do yard work while Andrea enjoys flower and vegetable gardening. Hosting a morning radio show is a secret ambition of Brandon's and Andrea would like to have a greenhouse or run another half or whole marathon.

Their special memories of First Reformed would include Brandon's Friday morning prayer breakfast before school and the baptisms of their children. As a family, they love being as included and involved as they are, even though they live almost two hours away. The kids participate in Children in Worship and Sunday school which is a huge testament to the children's ministry staff and volunteers! The kids are learning and growing their faith in a practical way, which allows them to live their faith throughout the day to day life. Brandon and Andrea are so appreciative of the true preaching of the word. They had tried for several years to find a church that "fit" what they were looking for near where they lived, but were never able to find one that seemed to coincide with their beliefs and truly taught what the gospel says. For them, it made sense to call Sully First Reformed church home, and to raise their family within this church. Live stream also helps them stay connected when they are not able to attend in person. The church family has such a blessing to them throughout times of joy and struggle. Thank you to all and Glory to God for so many blessings!

Thank you Brandon and Andrea Vos and family for letting us "Get to Know You Better!"

ALLIANCE OF REFORMED CHURCHES

RELATIONAL CONVICTIONS
Living Together in Christ

We are friends and partners in Christ, seeking first the Kingdom of God with the presence and power of the Holy Spirit.

Unity in Jesus – our only hope for salvation – implies praying for one another, celebrating together, encouraging one another, and holding each other accountable

We are unrelentingly innovative.

In order to remain relevant and engaged with a changing world, we will practice active listening, careful discernment, global attentiveness, and confident creativity in our lives and ministry.

We embrace the diversity of the human experience under obedience to Christ our King.

In doing so, we respond with compassion to the oppressed, we lead with justice in the face of injustice, and we seek in all situations to live out the presence of Christ in people's lives.

More information can be found at arc21.org

Women With Purpose Service Opportunity

AUGUST 15, 6:00 PM AUGUST 16, 5:30 - 6 PM(MEET AT CHURCH AT 4:45 PM)

Have you heard of Discover Hope? Discover Hope is located in the old Bob Hawkins studio on 1st Ave in Newton, and their mission is to enable others to discover hope through Jesus Christ to be redeemed, renewed, and restored. Discover Hope's Executive Director, Robbie Robinson has spoken at our church and will be the keynote speaker for the Rededication service in September.

We will serve a meal to participants of Discover Hope's 'Breaking Free' group on August 16 in Newton. (Please see on the back for more information regarding 'Breaking Free'.) The approximate cost of the food is \$180.00 which allows us to serve around 60 people. Our menu consists of pizza pasta casserole, broccoli and cauliflower salad, and brownies.

How can you support this project? You do not have to sign up for everything; choose whatever service action speaks to your soul.

- Pray for the success of our service project. Pray that we may be the hands and feet of Jesus as we prepare and serve food for those who seek to break the bonds of addiction.
- Sign up to help prepare food on Monday, August 15 at 6:00 pm at the church kitchen. We need 8-10 people. We will have fellowship and food after prep is finished.
- 3. Sign up to assist with serving the food on Tuesday. We will leave church promptly at 4:45 pm and will serve from 5:30 6:00 p.m. Clean up should be easy as we plan to use disposable everything. We need 8 servers.
- 4. Donate toward the cost of food. If food donations over \$180 are received any excess will be given directly to Discover Hope. Please make checks payable to "Women With Purpose."

We ask for your support with this service project.

The signup sheets will be located outside the church office.

Please sign up by August 7.

Questions: Please contact Ruth Renaud at ruthelaine.vanwyk@gmail.com

Thank you in advance for the prayers and assistance

What is Breaking Free!

Breaking Free is our recovery meeting. Anyone seeking freedom from the bondage of addiction is welcome to join us. We serve a FREE Community meal at 5:30 pm before the Recovery group that starts at 6 pm. We also have a welcome worship time with music before the lesson, with curriculum and small group discussion. Our lessons are gospel and recovery focused on redemption, renewal, and restoration. This group is also a support group for the family members of the addict or the recoveree.

Do not miss out on this opportunity to take part and walk in your next step to recovery!

WHEN: TUESDAYS at 5:30 pm dinner served

WHERE: 733 1st Ave. E., Newton, IA 50208

WHO: Anyone who is wanting to break free from the chains of addiction or those who know a loved one that is struggling with addiction. We will meet you right where you are at



My name is Robbie Robinson, a man after God's own heart!
I'm married to Emily Robinson and we have 6 children,
Robquez, Diamond, Penelope, Eli, Izayah, and Maya. I am the
Founder and Executive Director of Discover Hope 517 Ministry
and Pastor of New Creation Church in Newton, IA. I love being
loud and spending time with my family. I enjoy weight lifting
and playing basketball. In my spare time sitting with the Lord!
Sharing the gospel message is my heartbeat!

SEPTEMBER 11, 2022
AT 9:30 AM
AT THE
LYNNVILLE SULLY HIGH
SCHOOL GYMNASIUM

A nursery is provided at the LS middle school gym





August 2

Matt & Dawn Schechinger—14 years

August 3

Jason & Bailey Huyser—3 years

August 4

Travis & Karissa Chapman—15 years

August 6

Nick & Hannah De Penning—4 years

August 7

Roger & Jean Van Der Kamp—52 years

August 8

Brandon & Nicole Dunsbergen—2 years
Roger & Jill Barr—14 years

August 9

Justin & Jayme Deal—15 years

August 13

Aaron & Amber Van Wyk—6 years
Bryce & Shirley Van Der Kamp—57 years

August 14

Scott & Valerie Rolffs—41 years

August 15

Tyler & Bri Van Zante-2 years

August 20

Dennis & Donna Liekweg—28 years

August 21

Glenn & Rhonna Fiihr—52 years

Pavlos & Meggan Vasileiadis—12 years

August 24

Jerald & Charlotte Kunce—64 years

August 26

Jeff & Shelley Vander Molen—33 years

August 27

Tyler & Ryanne Jansen—**11 years**

Randy & Shelly Rozendaal—40 years

Alex & Kenzie Huyser—7 years

August 31

August 29

Ron & Julie Dunsbergen—37 years



We are looking for a **Children in Worship Leader** to finish out the remainder of 2022. The commitment is 5 Sundays over the next 5 months. No prep work needed, just one hour of your time on Sunday morning to guide the kids through the activities planned for the morning. **Let the church office** or **Faye Brand** know if you can help with this ministry!

YOUTH LEADERS NEEDED Have a passion for youth? Are you interested in making a positive impact in the next generation for Christ? Then would you prayerfully consider volunteering as a youth leader for the upcoming school year? We need leaders in both our Impact (junior high) and Faithwalkers (high school) youth groups. If you are interested or have any questions, please contact Jeff Knouse at jkfrcsully@gmail.com

FREEZER MEAL MINISTRY HELP NEEDED

Shelby Shinkle would like your help! She has kept this much needed meal ministry going by making freezer meals. She would like to recruit a few people who would be willing to prepare meals at their own home and place them in the freezer to be taken as needed. Receipts can be given to the church office for reimbursement! If you would like more information about this ministry please contact Shelby at 641-780-6726 or shelby.shinkle@outlook.com.



August 1

Mike Zylstra

August 2

Emily Dykema

August 3

Cody Van Wyk

August 4

Shirley Van Der Kamp

August 5

Helen Brand ~ Samuel Schechinger Dorothy Van Genderen

Theodore Vasileiadis ~ Mae Jameson

August 6

Brooks Henkle ~ Ethan Wyma

August 8

Marlin Van Wyk ~ Riley Rozendaal Brenna Dunsbergen

August 9

Sarah Scholten ~ Teryl Ver Ploeg Amber Van Wyk

August 11

Corey Van Der Wilt

August 13

Dennis Liekweg

Eldred Van Gorp (95)

August 15

Brock Mortvedt ~ Kyle Van Rees

August 16

Barbara Van Sant ~ Jay Knouse

August 17

Murray Zegers ~ Kaila Harsselaar



August 18

Jordyn Rozendaal ~ Brett Vanden Hoek Chadera Maasdam

August 19

Don Nunnikhoven

August 20

Carolyn Van Waardhuizen (82)

August 21

Grace Harthoorn ~ Rylan James

August 22

Melanie Renaud ~ Rachel Van Wyk Wyatt Bruck

August 23

Linda Arkema ~ Bailey Huyser

Kevin Terlouw

Marlene Van Wyk (89)

August 24

Carson Dunsbergen ~ Gary Van Genderen

August 25

Dan Dykema

August 26

Jeremy Rozendaal ~ Dawn Schechinger Peyton Schechinger ~ Ashlee Wyma

August 27

Bob Scandridge ~ Lynn Wyma

August 28

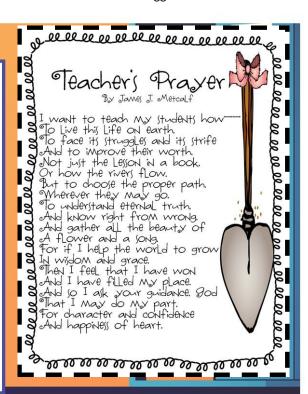
Marilyn Van Maanen

August 29

Wayne Daniels

August 30

Joel Jansen ~ Meggan Vasileiadis



August 2022 PRAYER CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	Austin Kramer	Corey Kramer	John, Jennifer & Luke Kramer	Kyle & Ashlynn Kramer	Marjorie Kramer	Jerald & Charlotte Kunce
7	8	9	10	11	12	13
Eric & Amber Lanser	Braden, Emily & Isabella Larson	Dennis, Donna, Dylan & Deven Liekweg	Kemper Lukehart	Monty & Carol Lukehart	Carleen Maasdam	Craig & Barb Maasdam
14	15	16	17	18	19	20
Curtis & Chadera Maasdam	Darrell & Susan Maasdam	Denamae Maasdam	Doug, Shawna, Brett & Kaylee Maasdam	Dwayne Maasdam	Taylor Maasdam	Zachary Maasdam
21	22	23	24	25	26	27
Joyce Mackenzie	Ron McKeag	Ryan, Carrie, Dayton & Brock Mortvedt	Brenda Newell & Elana	Austin & Lysandra Newell	David, Monica, Katelyn, Alivia, Colton & Mason Nikkel	Zoey, HarLee
28	29	30	31	September 1	September 2	September 3
Dwayne Ramer	Melanie Renaud	Keith & Glenda Renaud	Ruth Renaud	Jaden & Hailey Rolffs	Scott & Valerie Rolffs	Gary & Janice Roorda

August 2022 ACTIVITY CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Lal	2 6:30 pm FRC (Jacob) 6:30 pm FRC (Jeff) 8 pm FRC vs FRC	3 □amp—August 1—4	4	5	6
7 9:30 am Pastor Tom VandeBerg 10:45 am Christian Ed Comm. Mtg. 12 pm Rental in the Gathering Place	8	9 6:30 pm Search Comm. Mtg. 6:30 pm FRC (Jeff) 8:00 pm FRC (Jacob)	10	11	12	11 am Rental in the Gathering Place
14 9:30 am Pastor Tom VandeBerg	6 pm Women With Purpose meals	Coed softball tournament 4:45 pm Women with Purpose— Discover Hope 517	6:30 pm Elders Mtg. 6:45 pm Deacons Mtg 7:30 pm Consistory Mtg.	18 Coed softball tournament	19	20
21 9:30 am Jeff Knouse	9 am Rental in the Gathering Place	23	24 School	25	26	27
28 9:30 am Pastor Tom VandeBerg 10:45 am Sunday School Begins for ALL ages! 11:30 am ALL Church Barbeque Luncheon	29	30	31	First Reformed Church 807 3rd St. PO Box 208 Sully, Iowa 50251 641-594-2935 fresully@netins.net www.sullyfrc.org Our morning service is livestreamed through our website		