

**Next Building Fund Offering—**  
 September 27, 2020

**Left to pay: \$41,218**

Our **Quarterly Building Fund Offering** was in the amount of **\$10,255**. Thank you FRC for your faithful giving!

The **Faithwalkers** would like to thank everyone who came out to support their Pancake Breakfast on Saturday. We received **\$2,858** in our freewill donation. Thank you also to those who donated money for the purchase of sausage! Our To-Go Breakfast went great! Thanks again!

The **LS Ministerium offering** taken Sunday evening was in the amount of **\$471**. This money goes to support local food pantries, community needs and Angel Tree Camp throughout the year.

**GIVING AT CHURCH**  
 You can Securely Give Online now at [www.sullyfrc.org](http://www.sullyfrc.org). Your information is held securely by an SSL encrypted connection. This information will remain private and will never be given away to third parties, other than to process your scheduled contributions. You can also give by mail or our deacons pick up a weekly offering each Sunday morning.

**ACH Contributions** - ACH Contributions are a convenient way to give directly from your checking account. Contributions are taken out the 2nd and 4th Fridays of each month. Stop into the church office to pick up a form.

**Sunday, July 12, 2020**  
**Morning Worship—9:30 a.m.**  
**First Reformed Church, Sully, Iowa**  
**Pastor Wayne Sneller**

Prelude ..... *"The River"* .....Praise Team

Welcome

**THE APPROACH TO GOD**

\*Call to Worship

\*Hymns of Praise ..... *"Bigger than Any Mountain"*  
 ..... *"Lord, I Need You"*

\*Worship Prayer

Announcements

Congregational Prayer

**THE WORD OF GOD**

Scripture .....1Kings 19:3-8, 10-18 (pg.293)

Message..... **"How God Refills Your Tank!" Part 2**  
 Pastor Wayne Sneller

**THE RESPONSE TO GOD**

\*Closing Hymn ..... *"Victory In Jesus"*

\*Benediction

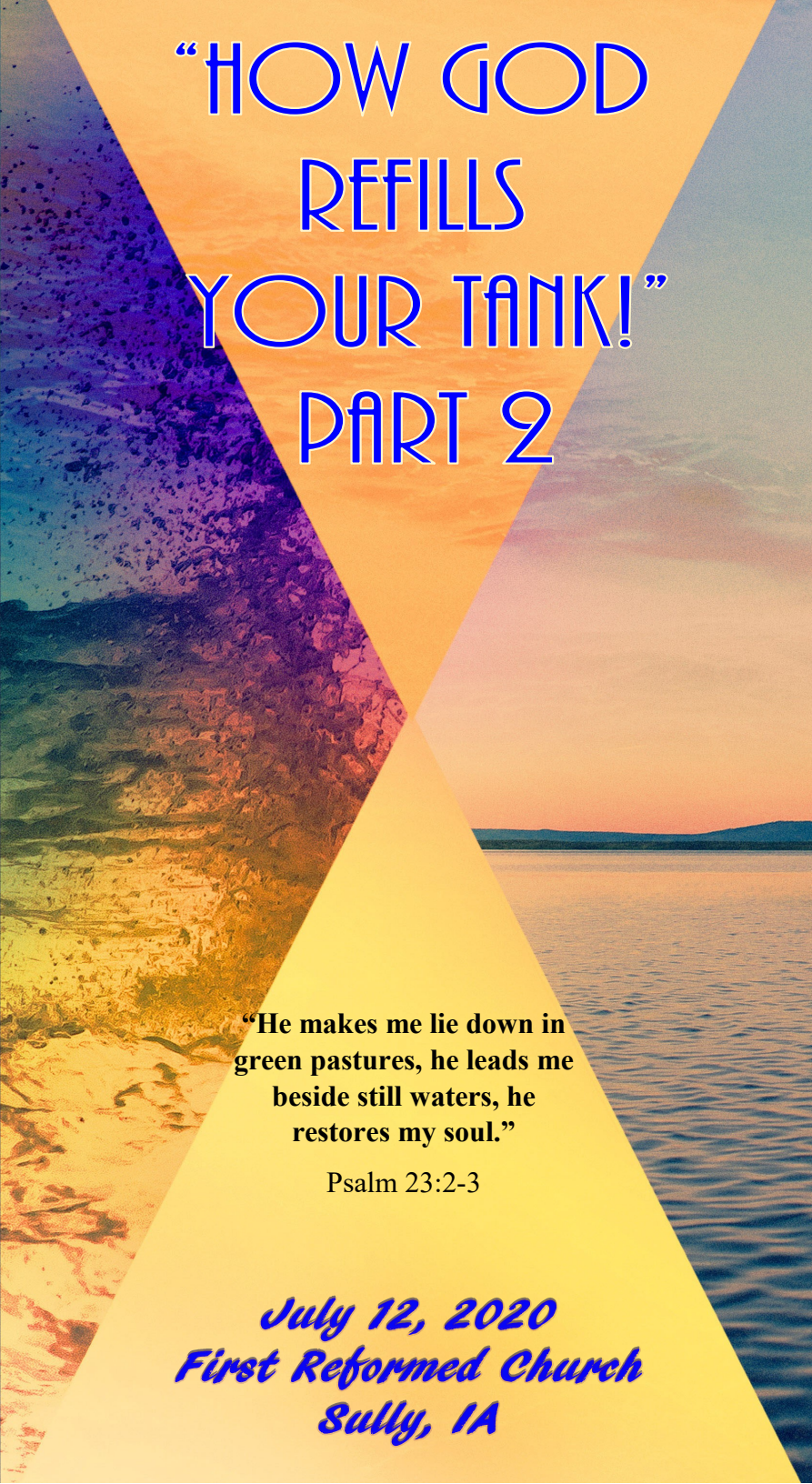
\*Response ..... *"He Knows My Name"*

**POSTLUDE** .....Praise Team

**\*Congregation will be dismissed by rows**

\*Indicates standing if able \* CCLI License # 790003

\*Coffee time will be served outside under the carport on the south side and also in the north parking lot.



**"HOW GOD REFILLS YOUR TANK!"**  
**PART 2**

**"He makes me lie down in green pastures, he leads me beside still waters, he restores my soul."**  
 Psalm 23:2-3

*July 12, 2020*  
**First Reformed Church**  
**Sully, IA**



# WEEKLY SCHEDULES

## Sunday, July 12

9:30 am **Morning Worship**—Pastor Wayne Sneller  
10:45 am **Christian Ed Meeting** in the Legacy Center  
12—5 pm **Shower** in the Gathering Place  
5 pm **Jr. High Bible Study**—in the Well  
6:30 pm **High School Bible Study**—in the well

### WORK SCHEDULE FOR July 12

**NO NURSERY or CHILDREN IN WORSHIP ACTIVITIES**

**until further notice.**

**No Ushers needed until further notice**



## Tuesday, July 14

6:30 pm **FRC 1 (Jacob VM) vs. Peoria CRC (West)**  
8:00 pm **FRC 2 (Jeff K) vs. Federated Fellowship (West)**

## Saturday, July 18

1-4 pm **Graduation party** in the Gathering Place

## Sunday, July 19

9:30 am **Morning Worship**—Pastor Duane Laman

The **RCA Vision 2020 Team** has published its report outlining its recommendations for the future of the RCA. Synod will consider recommendations from the team's final report in 2021. The team has also provided a reading and discussion guide, an updated FAQ, and a recap of the process that got us here to help you engage the report. You can read the article here: <https://www.rca.org/synod/vision2020/reformed-church-in-america-vision-2020-team-final-report/>

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Rod Zuidema // Custodian

# PRAYER REQUESTS

## PRAISE

- We extend our congratulations to **Jenny Torres & Steve Gebhart** in the birth of a healthy son, **Maxwell James Anthony Gebhart**, born July 3. Everyone is doing great!

## CHURCH FAMILY

- Johnnie De Jong** remains at the Des Moines Rehab Center, 701 River-view St., Rm. #414A, Des Moines, IA 50316 to recover from his broken hip and gain strength. Johnnie would love a call, 515-829-4054. He has dialysis on Tuesday, Thursday and Saturday and usually really tired on those days, so a call on any other day would be great!
- Eileen Gruver** had a cornea transplant on Wednesday, July 8 at the University of Iowa Hospitals & Clinics. She was able to come home Thursday, July 9. It was a successful surgery. She will be having follow up appointments in the coming weeks.
- Harlan Maasdam** has a **new room** at the Newton Health Care Center, 200 S. 8th Ave. E., Newton, IA 50208. His new room is **#302**. Please continue to uphold Harlan and Carleen and family as they all adjust to this new transition in their lives.
- Elaine Scholten** had gallbladder surgery Tuesday, July 7 at Mercy West Lake Hospital in West Des Moines. Surgery went well and she was able to return home within a couple of hours. She is doing great!
- Suzanne Rozendaal** recently found out she has breast cancer. They met with doctors this past week to make decisions about treatment plans. They have already felt God's timing and provision in this venture and are confident that He will be leading them through this journey.

## THOSE ATTENDING EAST IOWA BIBLE CAMP—July 13 –18

- Evan & Kendra Fikse** will be attending High school Bible camp this week!

**Pastor Wayne & Tammy** will be on vacation the next couple of weeks. He will be out of the office July 14—30. Please keep them in your prayers as they travel and enjoy some rest and relaxation. If a need arises, please contact the church office, Dennis Dunsbergen, VP (641-891-5440) or one of the elders.

## NURSING HOME/PROLONGED HOSPITAL STAY/HOMEBOUND

Pray for our President, Leaders, our Nation, Hospital staff, & pastors.



**BABY BLESSING BASKET:** There is a baby blessing basket set out in the Gathering Place for our newest little ones: **Cam Edward, son of**

**Tyler & Ryanne Jansen born June 26, 2020 and Maxwell James Anthony Gebhart, son of Steven Gebhart & Jenny Torres born July 3, 2020.**

# INFORMATION



Order forms are located by the church office or online! **Order deadline: July 20**

## NURSERY SURVEY

As we try to navigate our Nursery Ministry in a COVID-19 world, we want to be sensitive to your children and your worship participation. Please fill out the form found on our church Facebook page—[www.facebook.com/FirstReformedChurchSully](https://www.facebook.com/FirstReformedChurchSully) to help us find a way forward. There are **hard copies** also available by the church office or by the Welcome Center. Please return filled out survey's to the church office! We have had some great responses and will be making some decisions in the near future!

*Thank you*

**Thank you** to my church family for all the prayers, cards and phone calls I received during my hospital stay. God is good!

**Conrad Van Maaren**

We would like to thank our church family for all the prayers, cards and calls for our son Kevin De Goey. He is doing much better! Thank you also to Pastor Wayne and Meldon Vos for their calls!

**Carl & Joyce De Goey**

To Our Church Family, Thank you for all the prayers, cards, phone calls, texts and food brought to us. We were overwhelmed with all the care and concern during Elaine's hospital stay and recovery at home. Her surgery went well, and we have felt God's love and healing mercies.

**Arie and Elaine Scholten**



- If you are no longer receiving church emails, and you used to, please contact the church office about this so we can address the issue.
- If you add the following to your contact list, it will prevent church emails from going to your spam/junk folder: **noreply@sullyfrc.org**

## “How God Refills Your Tank!” Part 2

1 Kings 19:3-8, 10-18

Pastor Wayne Sneller

9:30 a.m.

July 12, 2020

**We left off last week by Elijah praying that he might die. (1 Kings 19:4)  
Take my life, Lord, just let me die!**

### How God refills our emotional, physical and spiritual tank!

**1. God makes me \_\_\_\_\_ my body.** *“He makes me lie down in green pastures, he leads me beside still waters, he restores my soul.”* Psalm 23:2-3

- Sometimes God has to make us lie down because we are not \_\_\_\_\_ enough to do it ourselves! *“Then Elijah laid down and slept.”* 1 Kings 19:5-7
- God is a practical God. His first antidote to Elijah’s burnout was \_\_\_\_\_ and rest.
- God wants you to \_\_\_\_\_ what you can control.

**2. God encourages me to \_\_\_\_\_ my \_\_\_\_\_.**

- \_\_\_\_\_ your \_\_\_\_\_ is the \_\_\_\_\_ of healing.
- We see Elijah pouring himself out before God. 1 Kings 19:10, 14
- Elijah vents out \_\_\_\_\_, resentment, \_\_\_\_\_, low self-esteem, \_\_\_\_\_ and \_\_\_\_\_.
- Pouring your \_\_\_\_\_ out to Jesus. *“Cast all your cares on him because he cares for you.”* 1 Peter 5:7

**3. God tells me to \_\_\_\_\_ and \_\_\_\_\_ on Him!**

- I need to remember what He said:
  - Remember who He \_\_\_\_\_.
  - Remember His \_\_\_\_\_!
  - \_\_\_\_\_ on Him.
- When you do this you get your eyes off your problems and you start \_\_\_\_\_ at Jesus!

**The Instructions** – 1 Kings 19:11-13 – *“Go out on the mountain and stand before me...”* 1 Kings 19:11

- God demonstrated his \_\_\_\_\_! Why? Elijah was trying to control everything! And we can’t. The root of burnout is that we try to \_\_\_\_\_ God!

**Remember these four things that will pull you out of burnout!**

- Remember God’s steadfast \_\_\_\_\_. His unfailing \_\_\_\_\_.  
God’s great \_\_\_\_\_. Remember God gives real \_\_\_\_\_!

**The last thing God says to Elijah – Go \_\_\_\_! He is giving a new assignment!**

**He wasn’t done with Elijah and He is \_\_\_\_\_ done with you!**