

# "SOUL WITH A BODY"

Who are you?

I imagine we can answer this question a lot of different ways. Do you define yourself by your roles, your jobs, your relationships, your spirituality, your health? Who are you to Jesus? I suppose I should thank one of my Catechism teachers that I can still remember the first line to the answer to Question 1 of the Heidelberg Catechism. Q: What is your only comfort in life and death? A: That I am not my own, but belong with body and soul, both in life and in death, to my faithful Savior Jesus Christ.

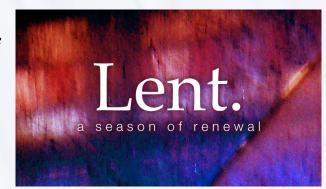
There is a certain peace that came about in my own life when I noticed the subtle difference between the following. Am I a human body with a spiritual soul? Or am I a spiritual soul with a human body?

George MacDonald is quoted with the following, "Never tell a child; you have a soul. Teach him; you are a soul; you have a body. As we learn to think of things always in this order, the body is but the temporary clothing of the soul."

It's kind of a nice reminder that my body is a rental. It is a place where I am staying temporarily. That doesn't mean that I should just trash the place. I should maintain it and take care of it, if not for myself, out of respect for the owner. Thank goodness our body is not our permanent home, there are times I don't particularly like mine! But if I find myself worrying about my body and whether it is healthy, I can check myself. This is not my forever home, if there are parts about it I don't like, I can remind myself. I live here tem-

porarily. If it is well with my soul... then all is well.

"Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your body." 1 Corinthians 6:19



Guest writer: Suzanne Rozendaal



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We are but days away from more sunshine and (hopefully) warmer weather. We are now on the downward slope of our youth group year, and the finish line is quickly approaching. We still have a lot of really good things in store before our last time together on May 1, and I am very excited for them.

This month our junior high students will start learning about the life of Jesus, looking in depth at His miracles and the parables He taught, with the goal of getting to know Him and love Him better.

Our high school students are still looking at the Bible and learning that it is still not only relevant to our day, but something worth building our life upon.

On March 27<sup>th</sup> we will have our annual youth-led worship service here at FRC. We hope you will join us to support the youth who will plan and lead the service themselves!

Have a great March, everyone!

Prayer Breakfast

Every Friday morning at 7:30 am all 6th— 12th grade are invited to come for donuts, chocolate milk, orange juice and prayer.

Invite your friends! It's a great way to end the school week!



Who: ALL 6th—8th graders Impact Youth will be meeting EVERY SUNDAY at 5:00 pm in the WELL throughout the year!

March dates: for Faithwalkers & Impact

The Youth Service will be Sunday, March 27 during the morning worship!

March 6

March 13—NO MEETINGS—Spring Break

March 20 March 27

**Leaders:** Jeff & Alison Knouse, Caden & Brenna Dunsbergen and Cody & Kelly Kesling



Faithwalkers Youth Group (9th—12th) meets every Sunday evening from 6—7 pm in the Well Leaders: Jeff & Alison Knouse, Cody

**Leaders:** Jeff & Alison Knouse, Cody & Kelly Kesling and Shawn &

ChyAnne Huyser.

Middle School Retreat is HAPPENING on April 8-10, 2022! Tracy Cleveringa from Orange City, IA, and the Northwestern College Worship Band will be leading you in the main

sessions.



### **Upcoming dates:**

**LAST FAMILY NIGHT—March 9** 

Sunday, May 1—this will be our last Faithwalkers & Impact meetings for this year—until fall!

Sunday, May 15 we will be recognizing our graduating seniors during the morning worship.

Power Connection and Work Camp 2022 is THIS SUMMER! With speakers Brenna Lantz, Heather Flies, band Orchard Hill Collective and illusionist David Wood, we are counting down the days for this conference!





# Children's Ministry Director—

Julie Van Manen

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March Means Spring is Near!

Last week the STARS children created Prayer pillow cases. One side read, Jesus prayed in the morning and so do I; and the other side said Jesus prayed at night and so do I. It was fun to see them be creative as each pillow case was an example of their uniqueness. We have been learning about Easter and what that means for our lives during Bible time. Wednesday, March 9, will be the final STARS night. A family meal will be served and immediately following the children will present a short program and highlights of the year will be shared.

Wednesday, March 2nd is Ash Wednesday and the first day of Lent. The STARS families and families with 3 year olds – fifth graders will receive a copy of The Cross and ME com-

posed of daily devotions for LENT.

As we approach the season of Lent, make some time to do things for others or pray for some one new each day as a family.

For believers, spring is a reminder that God is all about making things new. In fact, Jesus promised to make everything new one day (Revelation 21:5). In the meantime, He gives us glimpses of the coming attractions through spring.

God's mercies are new every morning, and

spring really isn't that far away!









Looking ahead—the Faithseekers Sunday School Dept. (1st-5th grade) will be singing on Palm Sunday, April 10 during the morning worship service. Our last day of Sunday school will be Sunday, May 22.



If your child is 3 years old and would like to attend Sunday school, please contact Julie Van Manen at juliefrcsully@gmail.com and we can get them all set up for learning more about Jesus during our Sunday school hour!





God's Little Wonders—3 & 4 yr. old Sunday school class—Lesson: Jesus feeds thousands with 5 loaves of bread and 2 fish.



#### SUNDAY SCHOOL INFORMATION:

This year, Pathways of Pella is taking part in the Baby Bottle Fundraiser. Special baby bottles will be available to take home with you starting February 27. You can place change or any type of donation in the bottle and then return

the bottle to your Sunday school rooms.. The Campaign will be done April 3 and all bottles should be returned for pick up.

# Summer Activities!

MARK YOUR CALENDAR: Vacation Bible School this summer will be held July 11-14. Details are comina!



LAKEVIEW CAMP: Making summer plans? Don't forget about summer camp! Registration is LAKE VIEW CAMP open - save your spot now! Lake View Camp offers day camps,

over-night camps, service opportunities, and grandparent/grandchild camps. More information and registration is available at www.lakeviewconference.com. Fun, faith, friends - it's all waiting for you at camp this summer! Early bird registration due by May 1. The church will pay 1/2 of the registration cost for each camper!



### **PRAY**

- For energy, patience, perseverance, and wisdom while serving abroad with young children, far from family.
- For the opening of the church plant in January 2020.
- For Felipe and Janelle as they take on new roles in ministry with the church plant.
- For provision and guidance for a new climbing and education center, part of the five-year vision.



## **About the ministry**

The click of an unlocked door marks the beginning of another busy day at Fără Limite Climbing Gym in Vulcan, Romania. Chalk instantly covers hands, and clouds of chalk dust fill the air. Music blasts as kids scale the walls for the next seven hours. Cheers of encouragement and warm embraces provide a glimpse into the family they've built here, a stark contrast to many of the kids' lives outside the gym walls.

In partnership with the New Horizons Foundation, Felipe and Janelle work with Roma youth in the Jiu Valley to build trust, perseverance, character, and courage through rock climbing. In a town where poverty forces many parents to move away for work, this ministry provides youth an environment where they can experience safety and respect, develop life skills, pursue education, and come to know the love of Christ. Felipe and Janelle are also planting a church in the community of Dallas.

To learn more or support this ministry, visit:

www.rca.org/sllva JanellesIlva@gmall.com ferlssl@gmall.com

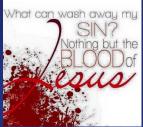


Thank You We are always grateful to our supporting churches because they are the reason that we have the finances we need to keep our programs open and running.

This support is crucial and we truly wouldn't exist without it. We want to thank our supporting churches for their continued support throughout the pandemic, and also for their prayers and the encouragement we receive through cards, letters, emails, and messages. All of these forms of support are a huge blessing for us.

With love,

Felipe, Janelle, Luca, Sofia and Mila Silva



nat can wash away my We are in the beginning of Lent. The forty days that walk us into the throne of the Easter Celebration, the power of witnessing and

proclaiming Christ's victory over sin and death! Don't miss the power of Christ over the everyday things of your life! He came to clean up the messes, the sin of

our lives. Allow Him to clean every room of your heart!

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WOUNDED BRUISED HE DIED WE MIGHT LIVE





### Gelene Evans Birthday—November 1, 1955

Now that she is retired, Gelene Evans enjoys a variety of activities. She taught school for many years and her focus, effort and major time commitment has shifted from teaching school and school work to family and grandchildren, her home and acreage and health care. She loves to spend time with her granddaughters and family get togethers have been special times throughout the years. She is involved in caring for a disabled cousin and for her mother-in-law. She also helped her brother with harvest last fall. Yard work, caring for her home, sewing, baking and playing the flute are other interests of hers. Celebrating holidays, and attending festivals such as the State Fair, Tulip Time or Independence Day are also fun! She also loves community events, theater productions and high school contests.

Gelene was awarded the Phyllis (Van Wyk) Zylstra Memorial Apprenticeship in the summer of 2021 hosted by the Pella Historical Society and Museums. Becoming involved in making authentic Dutch costumes with established costumiers

has been like a dream come true!

Gelene grew up south of Lynnville on the Veldhuizen farm with her siblings; Carolyn (Ken) Wassenaar of Altoona; Jim (Kim) Veldhuizen of Oskaloosa; John (Laura) Veldhuizen of Grant Park, IL; and Alesia Veldhuizen of Newton. Her parents, Henry and Alma Jane Veldhuizen are both deceased. She graduated from Lynnville-Sully high school and went on to attend Northwestern College and Iowa State University graduating with a Bachelor and Master of Science degree.

After retiring from teaching high school and junior high Family and Consumer Sciences, (formerly known as Home Economics) for 31 years retiring in June of 2021, Gelene enjoys spending time with her children and grandchildren; Gary and Jen Klein of Chicago Illinois and Hannah and Jeff Keep with granddaugh-

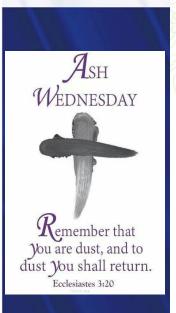
ters Jayla and Jordan of Cedar Rapids.

Faith has been an anchor and a constant in Gelene's life ever since she was born. Being able to attend church to worship, be challenged and to grow and serve has been meaningful and kept her grounded. Living an active faith in God provides hope, peace, direction, and so much more, giving not only the ability to survive, but to thrive. To have begun here, as this was the church where she was baptized as an infant and made profession of faith as a teenager, and now to be able to return to a robust, flourishing place makes her feel rich and abundantly blessed!

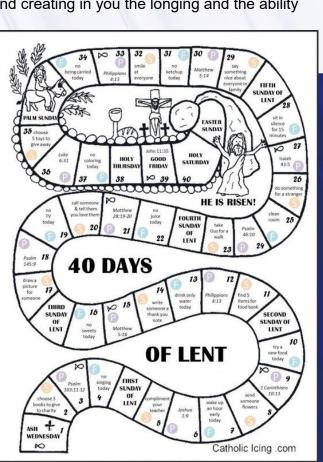
Philippians 2:13 (Amplified Bible) For it is (not your strength, but it is) God who is effectively at work in you, both to will and to work (that is, strengthening, energizing, and creating in you the longing and the ability

to fulfill your purpose) for His good pleasure.

Thank you Gelene Evans for Letting us "Get To Know You Better!"









#### March 1

Dale De Penning ~ Brenda Jansen Rvan Mortvedt

Danis Hedrick (86)

March 2

Duane Brand (85)

March 3

Brevin Hansen Bailey Vander Molen

March 4

Carol Ver Ploeg

March 5

Ryanne Jansen

March 6

Deb Johnson

March 10

John Roozeboom

March 11

Krystal Van Dyke

March 13

Baylee Jansen ~ Russ Rozendaal Hailey Rolffs~ Alma Terpstra Roger Barr

March 14

Kendall Rozendaal

March 15

Eric Brand ~ Julie Keen Hannah De Penning

March 16

Chase Jansen ~ Loren Vos



#### March 17

Brent Rozendaal ~ Corrina Rozendaal

March 18

ChyAnne Huyser ~ Christine Van Wyk

March 19

Carrie Mortvedt ~ Maury Van Der Wilt

March 20

Jan De Goey

March 21

Andy Dunsbergen

March 23

Stephanie Rozendaal Zayleana Dunsbergen

March 24

Kendra Fikse

March 25

Doyle Ver Ploeg ~ Rory Vos

March 26

Jade De Hoedt

March 27

Barb Maasdam ~ Payton Scandridge Felix Torres ~ Ellington Dunsbergen

March 29

Zachary Dykema

Julie Roozeboom

March 30

Jennifer Kramer

March 31

Tammy Vos ~ Cole Henkle Clarence Wyma ~ Jaden Rolffs



**Sunday, April 10 Palm Sunday, 9:30 am**—The Faithseekers Sunday School Department (1st—5th grade) will be singing

**Thursday**, **April 14**, **7:00 pm**—Maundy Thursday Service with Communion

**Sunday, April 17, 8—9:15 am**—Easter Morning Breakfast in the Gathering Place followed by Easter Morning Worship at 9:30 am and Celebration Coffee time

Sunday, May 1, 9:30 am—Prayer for Crops & Industry

Sunday, May 15, 9:30 am—Graduation Sunday



#### March 11

Kendall & Darci Jansen—34 years

March 12

John & Julie Roozeboom - 29 years

March 17

Randy & Nancy Huyser-50 years

March 20

Dylan & Jodie Roozeboom—1 year

March 23

Andy & Jamie Dunsbergen—9 years Craig & Barb Maasdam—43 years

March 26

Gene & Eleanor Jansen-58 years









Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Dorothy	2 Gilbert	3 LeRoy & Ruth	4 Marilyn	5 Terry
		Van Maanen	Van Maanen	Van Maanen	Van Maanen	Van Maanen
6	7	8	9	10	11	12
Conrad & Mary Ann Van Maaren	Jacob, Kate, Kennedy & Karter Van Manen	Kevin & Julie Van Manen	Drew, Leah, Max & Myles Van Rees	Duane & Marla Van Rees	Kyle Van Rees	Barbara Van Sant
13	14	15	16	17	18	19
Ken & Lorie Van Soelen	Ervin & Carolyn Van Waardhuizen	Aaron, Amber, Lane, Lucy & John Van Wyk	Braden & Christine Van Wyk	Cale & Kendra Van Wyk	Cody Van Wyk	Edith Van Wyk
20	21	22	23	24	25	26
Gilbert & Marlene Van Wyk	Jeff & Deb Van Wyk	Joel, Heidi & Jesse Van Wyk	Kevin & Julie Van Wyk	Marlin & Laureen Van Wyk	Rachel Van Wyk	Ross Van Wyk
27	28	29	30	31	1	2
Rusty & Sharla Van Wyk	Jonella Van Wyk	Jason, Michelle & Megan Van Zante	Jim & Marlis Van Zante	Tyler & Bri Van Zante	Scott, Brittany & Evan Van Zee	Pavlos, Meggan, Theo, Matthew & Risa Vasileiadis



First Reformed Church

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# MARCH 2022 ACTIVITY CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 1-4 pm Sewing Days	2 3:30 pm STARS Afterschool Program 5—7 pm Shrove Pancake Night 6:15 pm 6th—8th 6:45 pm 9th—12th	3 Classis Town Hall Mtg in Prairie City, IA	4 7:30 am Prayer Breakfast	5 1-5 pm Rental in the Gathering Place
6 9:30 am Jeff Knouse 10:45 am Sunday School 12 pm Rental in the Gathering Place 5 pm Impact Youth 6:30 pm Faithwalkers	6:30 pm Consistory meets with EPC informa- tional mtg.	8	9 LAST STARS After- school Program 5:30 STARS Family Meal night Last Family Night 6:15 pm 6th—8th 6:45 pm 9th—12th	10	11 SPRING BREAK NO Prayer Breakfast	12
New Members Sunday 9:30 am Pastor Tom VandeBerg 10:45 am Sunday School Place SPRING BREAK— no youth groups	14 SPRING BREAK	15 SPRING BREAK 1-4 pm Sewing Days	16 SPRING BREAK 6:30 pm Elders Mtg. 6:45 pm Deacon Mtg 7:30 pm Consistory	17	18 7:30 am Prayer Breakfast	19 5 pm Rental in the Gathering Place
20 9:30 am Pastor Tom VandeBerg 10:45 am Sunday School 12 pm Baptism luncheon in Gathering Place 5 pm Impact Youth 6:30 pm Faithwalkers	21	22	23	24	25 <b>NO</b> Prayer Breakfast	26
Quarterly Bldg. Fund Offering 9:30 am Faithwalker/ Impact Service 10:45 am Sunday School 5 pm Impact Youth 6:30 pm Faithwalkers	28	29 1-4 pm Sewing Days	30	31	1 7:30 am Prayer Breakfast	2